What is Claimed is:

5

20

- 1. A vertical field effect transistor comprising:
- a microelectronic substrate including a trench, the trench defining a sidewall;
- a conformal monocrystalline silicon layer on the sidewall of the trench, the
- conformal monocrystalline silicon layer on the sidewall of the trench including a drain region adjacent the substrate, a source region remote from the substrate and a channel region between the source and drain regions;
- a plug in the trench that includes the conformal monocrystalline silicon layer on the sidewall thereof;
- a gate insulating layer adjacent the channel; and a gate electrode on the gate insulating layer opposite the channel.
- A field effect transistor according to Claim 1 wherein the conformal monocrystalline silicon layer on the sidewall of the trench is a continuous conformal
 monocrystalline silicon layer on the sidewall of the trench.
 - 3. A field effect transistor according to Claim 1 wherein the conformal monocrystalline silicon layer on the sidewall of the trench comprises spaced apart conformal portions of the conformal monocrystalline silicon layer on the sidewall of the trench.
- 4. A field effect transistor according to Claim 1 further comprising:

 a first layer on the substrate; and
 a second layer on the first layer opposite the substrate;

 25 wherein the trench extends in the first layer and the second layer; and wherein the gate insulating layer and the gate electrode are between the first and second layers.
- 5. A field effect transistor according to Claim 4 wherein the first and second layers comprise phosphosilicate glass and/or borosilicate glass.
 - 6. A field effect transistors according to Claim 1 wherein the plug comprises high dielectric constant material.

7. A field effect transistor according to Claim 1 further comprising a silicon layer between the microelectronic substrate and the drain region.